

WINTER 2020



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# Rea of Hopeline

## SPOTLIGHT ON CHELSEA C.

By Heather Darr

Chelsea C. arrived at the Rea of Hope closed off. During her active addiction she had built up walls to protect herself. “I was nervous and eager but still so broken and hurt and closed off,” she says. “I used it as an excuse to feel safe but in reality I was blocking my opportunity for growth.” Things haven’t been easy for Chelsea, she’s had to fight hard for every single accomplishment, milestone and goal she has reached. Well over 6 months later, her fog is clearing and she is finding her footing. “Rea of Hope broke down my walls to expose me to my vulnerabilities and show me that I am strong enough,” she says. “I’m not a bad person, but, I was a sick person. I can’t do this alone.” Now with a whole new set of goals and the support of those she has met here, she is excited to start the next phase of her life. Things don’t always get better right away; she works hard every day. Now, every time she falls, she gets right back up again. “I feel confident and able to continue my journey in recovery, help the next person and give away what has been so freely given to me. A strong support system is the heart of everything.” Chelsea moved to our New Life Apartments.



Chelsea was our only graduate this quarter; however, we have had 9 new admissions since September 1! We look forward to sharing about their future successes.

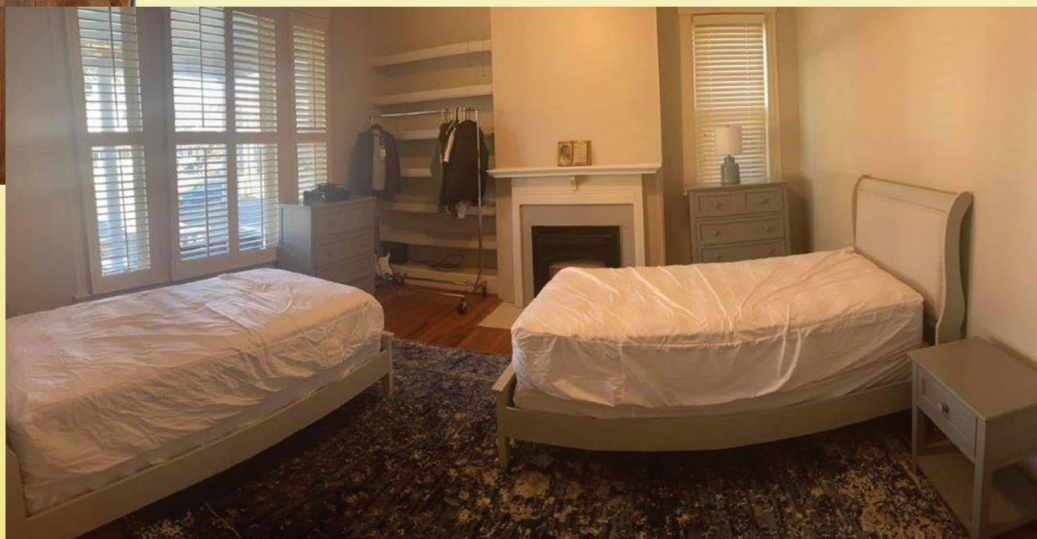
## Girls Night Out

Girls Night Out is always something we look forward to; however, it has been difficult during the pandemic to gather so many women and children in one place. In September, we took Girl’s Night Out outdoors by having a cook out exclusively for our Rea of Hope and New Life Apartment residents. Everyone had an amazing experience; women shared in fellowship and tie dyed t-shirts. The delicious, individually packaged and served meals were made by “**The Catering Ladies**”. Good times, love, and laughter are just a few of the rewards of sobriety and doing the next right thing. Thanks to all who help us continue to have our “Girls Night Out”! In October and November, we were unable to have Girls Night Out due to pandemic guidelines restricting group size. We look forward to continuing this in 2021.



## REA OF HOPE EXPANSION

We are excited to announce the purchase and opening of a duplex at 1411 Quarrier St. E for Rea of Hope graduates and their minor children. In response to a direct need for additional long-term, sober, supportive housing for women and their children, Rea of Hope was able to purchase the property and fully furnish it. The outpouring of community support was overwhelming and we cannot say thank you enough for supporting us in our mission. Many have donated time, funds, services, and goods to the opening of this property, and helped reunite families in the process.



### Resident's Sobriety Achievements:

1 year or more	1
9 months-one year	3
6-9 months	3
3-6 months	3
30 days-90 days	4

### Other goals met:

Employment	100%
AA/NA Sponsors	100%
Graduates	1

### Monthly Needs List:

white full size bath towels  
twin bed bug covers  
twin white sheet sets  
umbrellas



## CONGRATULATIONS TO OUR REA OF HOPE GRADS ON THEIR SOBRIETY ANNIVERSARIES AND OTHER ACHIEVEMENTS.



**ASHLEY T.**

- Debbie H. ('09) is celebrating 12 years of continuous sobriety.
- Katie D. ('13) and Sarah M. ('13) are both celebrating 8 years of continuous sobriety.
- Ashley T. ('19) and Alyssa W. ('19) are celebrating 2 years of sobriety.
- Savannah E. ('20), Savannah D. ('20), and Megan S. ('20) are all celebrating 1 year of sobriety!
- Rea of Hope residents received training in the following this quarter:  
Nutrition, Anger Management.



**SAVANNAH D.**



**SAVANNAH E.**

Program Manager, Brittany Wolfe, and Case Manager, Shatarra Stroman both graduated with Bachelor's Degrees from WVSU! Both of these miracles achieved this while working full-time. They continue to be excellent examples of what recovery can do and



**MEGAN S.**



**BRITTANY & SHATTARRA**

## COMMUNITY

For **United Way Day of Caring 2020**, we were paired with **United Bank**. The volunteers spent an entire day cleaning an apartment in our new duplex, preparing it for a mother and her three children. They did a beautiful job and their hard work allowed the family a fresh start in their new home.

As a member of the **Appalachian Recovery Alliance**, Rea of Hope was proud to participate in a round table. The ARA hosted several representatives from the offices of: **U.S. Senator Shelley Moore Capito, U.S. Senator Joe Manchin, Congresswoman Carol Miller, and Congressman Alex Mooney's offices**. The event was sponsored by the ARA along with **WVAADC** and **WV Behavioral Healthcare Providers Association**.

**Mihai and Eugene** from **European Flooring LLC** have once again volunteered to help improve our property. We are so grateful for their hard work, dedication, and contribution to our community. They removed carpet and repaired the hard wood floor on the stairway at 1411 Quarrier St.



We would like to thank everyone who donated for #GivingTuesday, Facebook's annual non-profit fundraiser. \$445 was raised for the Rea of Hope! Our own Program Case Manager, Shatarra Stroman, was invited to participate in a virtual panel today in the second part of a three-part series called "Healing Justice", with the WV Criminal Justice Reform Coalition. Shatarra and other participants discussed a short film titled 'Redefining Justice' and shared their thoughts and experiences. Shatarra was able to share her own real-life, honest experience with the criminal justice system. She received positive feedback from others on the panel; we are proud to have her as a part of Rea of Hope.





**REA of HOPE, INC**

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Charleston, WV 25301

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**SPECIAL THANKS TO THE FOLLOWING FOR THEIR GENEROUS SUPPORT:**

- *The Greater Kanawha Valley Foundation for the grant in the amount of \$22,000 for utilities.*
- *The Pallottine Foundation for their grant in the amount of \$18,650 for capacity building and various resident's needs.*
- *The United Way of Central West Virginia for the continued support in the amount of \$10,000 for salaries, and \$5,000 in COVID relief.*
- *Thank you to an Anonymous Donor for their generous contribution in the amount of \$5,000.*
- *Teachers Sorority Chapters Beta Alpha Lota for school supplies and backpacks for all of our New Life Apartment children.*

Donor's Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

E-Mail \_\_\_\_\_

One Time Gift \_\_\_\_\_ Annual \_\_\_\_\_ Other \_\_\_\_\_

**LEVEL OF GIVING**

FRIEND of Rea of Hope	\$50	plus
SUSTAINING	\$500	plus
SPONSOR	\$1000	plus
MEDALLION	\$2500	plus
ANGEL	\$5000	plus
ELITE SPONSOR	\$1000 for 5 years	
ELITE PARTNER	\$500 for 5 years	

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