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SPECIAL THANKS TO THE FOLLOWING FOR THEIR GENEROUS SUPPORT:

- *Care First* for the generous grant of \$20,000.
- *The Glotfelty Foundation* for their grant award in the amount of \$10,000 ensuring we can continue our mission.
- *The Daywood Foundation* for their donation of \$10,000.
- *The H.B. Wehrle Foundation* for their grant in the amount of \$5,000.
- *Trinity Lutheran* for the gift of \$1,500 to help furnish our new apartment.
- *The CRC Foundation* for the special contribution of \$1,000.
- *The Kanawha City Lions Club* for the gift of \$500.
- *The WSAZ Children’s Charities* for the \$500 grant for our New Life Apartments children to receive winter coats and shoes.

OTHER WAYS TO HELP:

Don’t forget to like us on Facebook! PLEASE sign up for Amazon Smile and Kroger Community Rewards with the Rea of Hope as your chosen organization.

Donor’s Name _____	LEVEL OF GIVING
Address _____	FRIEND of Rea of Hope \$50 plus
_____	SUSTAINING \$500 plus
_____	SPONSOR \$1000 plus
Phone _____	MEDALLION \$2500 plus
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One Time Gift _____ Annual _____ Other _____	ELITE SPONSOR \$1000 for 5 years
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SPRING 2020

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Rea of Hopeline

SPOTLIGHT ON

RANDI J., ERICA S., ASHLEY H., JEANNIE B., STEPHANIE W., KELSEY S., BRITTANY S., DARA R.

By Heather Darr

We are excited to announce we had 8 graduates this last quarter! Seven of the eight have decided to continue with our program at New Life Apartments. We have been blessed to have been a part of their journey's in recovery. We are so proud of the strides they have made towards self-sufficiency and sustained recovery. We are thankful for the miracles and blessings we have been fortunate enough to witness and look forward to many more. They have expressed what their time at the Rea of Hope has done for their lives and how they have changed:



Randi J. "Structured freedom is what I needed. To be able to make mistakes and be held accountable. Willingness takes over for a heart that wants better, and it did just what it was supposed to do. I wake up to pray. I never used to mean my prayers. It was always selfish, 'get me out of this' or 'help me out of that'. Today I have a relationship with my Higher Power. This is the first time in my whole life, I WANT to live. I have real relationships with women and I've learned I don't have to do this alone."

Erica S. "This is the first time I've felt self-worth. I finally can look around and not care what anyone thinks, because I know that I am enough. The day I got here I just kept telling myself, go and do your time-- don't listen to what they say because you know best, not them. It's just so different now, things have changed so much. Obviously, I didn't know best and now I can see that. I love myself now and it hurts me to think for so long, how I robbed myself of freedom and happiness."



Jeannie B. "The day I got to Rea of Hope, I was nervous. I knew I would be the oldest person and thought it would be difficult to fit in. Instead, I found a routine and fell into stride; thrived on the structure and started to believe in myself. I have faith today. I have faith in myself and in my higher power. I never dreamed in a million years that I could ever be 7 months sober, and happy. I'm so happy."

Ashley H. "When I first got here, I wanted to leave. All the rules were overwhelming. I was nervous, it was hard. I'd never really had any female friends. Now, the rules are easy because it feels normal. Now when I wake up in the morning, I don't fight. I don't try to find a way out. I wake up and look forward to my days. I've found unconditional love for myself and for others." Now I work full time, pay my own bills, and have a relationship with my mother. I wouldn't trade this life for anything, I give all the credit to God."



Stephanie W. "When I got here, I didn't want to be here, but now I am so grateful to the Rea of Hope. It didn't happen overnight, but eventually I started feeling different. I never had any female friends until now. I'm learning about myself again. I can hold a job and take care of things, now I can see. I have a sponsor and go to meetings, I'm working the steps and am compliant with Drug Court."

Kelsey S. "Going from a life of active addiction, into a life of structure is a difficult transition. The rules are overwhelming, but I did my best to try and memorize them all. Now it's easy. Since day one, my priority has been my twin girls. Every work day, every meeting, every weekend visit, was one day closer to reunification. But as a woman, I had to learn how to take care of myself. The importance of being self-sufficient, not relying on my family or other people for everything is empowering."



Brittany S. "The most important thing I've learned, since coming to the Rea for the second time, is that my disease is always there, ready and waiting. Now, I actually work the steps. I utilize my sponsor. I want to be here. I am excited to stick around and go to the apartments. I am active in my son's life and work hard every day to pay my bills and re-build my life with a solid recovery foundation and the support at the Rea of Hope."

Dara R. "From the first day I stepped inside the Rea of Hope I felt hope. Eventually, I found my place in the community and have learned to work hard. Things don't get better overnight, but persistence and consistency have won out. I learned that I am undoubtedly an alcoholic. I wasn't so sure before, but I am now. I've learned to set boundaries, how to say no, and how to depend on others. How to help and how to ask for help; how to accept help. I look forward to the day very soon when I am reunited with my children."



BOARD NEWS

We would like to thank Jennifer Willits for her contribution of time, commitment, and service to the Rea of Hope's Board of Directors. Thank you for all of your hard work; you will be missed. We are welcoming new board member Rachel Cox, BB&T Fiduciary Client Specialist.

BOARD MEMBERS AND OFFICERS 2020

Jay Arceneaux, III, President
Dave Williams, First Vice President
Brad Sorrells, Second Vice President
Dee Dee Younis, Secretary
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Jill Hall
Maria Rendinell, RN, MSN
Jarrod Furgason
Shelda Martin, MD
Rachel Cox



We were visited again by our Secret Santa, who provides gifts every year for our mothers and their children. Thank you for your generosity and kindness.

THE REA OF HOPE BOARD OF DIRECTORS hosted their annual Christmas party for staff and residents. Following tradition, the residents were in charge of the entertainment. This year we had a wonderful program of singing by our women and their children. We enjoyed food, fellowship, and entertainment together. We are reminded of how blessed we are to share in these families lives.



Our annual resident party was also a success. Our residents were all gifted with stockings and gift cards. Our gratitude circle never fails to move us, as we share where we were our last Christmas in active addiction, and what we are grateful for now. Addiction devastates families; however, WE DO RECOVER!

DON'T FORGET OUR ANNUAL MIRACLES ON LEE STREET DINNER AND SILENT AUCTION WILL BE HELD AT THE CLAY CENTER ON APRIL 30, 2020. We sell out every year! Contact the Rea of Hope at 304-344-5363 to get your tickets now.

Congratulations to our Rea of Hope grads on their sobriety anniversaries and financial accomplishments:

- Amanda D. ('08) on 12 years of continuous sobriety.
- Stacy B. ('10) on 10 years of continuous sobriety.
- Ashleigh S. ('11) celebrated 9 years of sobriety.
- Kim P. ('12) and Jenny W. ('12) celebrated 8 years of sobriety.
- Beverly S. ('18), Shatarra S. ('18) celebrated 3 years!
- Ali C. ('18) celebrated 1 year of sobriety!
- Rea of Hope residents received training in the following this quarter: Employment Training and Options, Meeting Etiquette, Healthy Relationships, Social Media, and Job Etiquette.

WAY TO GO, WE ARE VERY PROUD OF YOU!!!

MONTHLY NEEDS LIST:

white full size bath towels
twin mattress pads
twin white sheet sets
umbrellas

RESIDENT'S SOBRIETY ACHIEVEMENTS:

9 months-1 year	2
6-9 months	3
3-6 months	3
30 days-90 days	6

Other goals met:

Employment	100%
AA/NA Sponsors	100%
Graduates	1

GRADUATE NEWS

Tiffany L., Rea of Hope Phase 1 & 2 graduate and part time employee, obtained her GED. We are so proud of her hard work, perseverance and willingness to go to any length for herself and her sobriety. She is a shining example of Hope, and we are blessed to share this wonderful news with all of you!



Erica S. gave birth to her daughter, Eri'On Legacy, the day after her graduation from Phase I on December 18th, 2019 weighing 5 lbs. 1 oz. and 19 inches long! The Rea of Hope family welcomes this new blessing and miracle!



We are blessed to announce the birth of Brielle Rain, born on January 9, 2020 weighing 8 lbs. 3 oz. and 19.5 inches long! Mom, Ashley T. is a graduate of our Phase I Program and a resident of Phase II New Life Apartments. The Rea of Hope family welcomes Brielle home with open arms.



GIRLS NIGHT OUT

By Heather Darr

“Girls Night Out” is always a highlight here at the Rea of Hope. Many of us broken and hurting when we arrive at the Rea of Hope. We like to show the women that it is possible to have sober fun in early recovery. In January, the residents enjoyed bowling followed by the China Buffet. The evening was full of laughter. In February, we went to our annual Cedar Lakes Retreat. We enjoyed the fellowship with the recovery community and heard several inspiring speakers. We all left feeling closer and stronger in our commitment to this new way of life. We are always looking for sponsors for GNO. If you would like to help, contact our office for details.



We want to thank everyone who took the time to vote for us on **Ball Toyota's** Facebook page! You earned the Rea of Hope \$500.00. We also want to thank Ball Toyota for including us in their contest and for giving back to the community.



We had the pleasure of hosting Delegates from the **House Committee on Prevention and Treatment of Substance Abuse** and members of the **House of Delegates Women's Caucus**, for a tour and discussion to learn more about Rea of Hope's abstinence based program. We are very appreciative of the interest and support of our community leaders in our efforts to fulfill our mission in West Virginia.

Yesterday we were excited to host **Delegate Kayla Kessinger, Vice Chair of the Select Committee on Prevention and Treatment of Substance Abuse** and **Delegate Jordan Hill, Chair of Health & Human Resources Committee** for a tour and discussion surrounding our abstinence based program. We are always grateful when leaders in our state want to learn more about Rea of Hope.

Advocacy Day at the Capital was a success! Kim P. ('12) represented the Rea of Hope and our premier abstinence based program.

We had a wonderful visit with **Dale Cooper, Operations Manager & Director of Programming at the West Virginia Radio Corporation WCHS Network**. He conducted an interview for "Focus on the Valley", a spot which aired in February.

Emily Allen with West Virginia Public Broadcasting came to speak with staff regarding upcoming legislation on different topics associated with addiction. The interviews were broadcast on the show *The Legislature Today*. Thanks Emily, for giving our ladies a platform to advocate!

The Chop House hosted a beautiful event to raise money for the Rea of Hope. Dining Room Manager, **Ariana Abdalla** and General Manager, **Jason Billings** did a spectacular job in presentation, service and organization. **Rock City Cake Company** donated decadent cupcakes that were given to each of our guests. The beautiful white rose center pieces were donated by **Winter Floral**. We would like to thank all of the those who donated and worked hard to make this fundraiser a success; we hope this will be an annual event.



NLA III

Due to the overwhelming of the foster care system and our trying to accommodate and reunify as many families as possible, we found ourselves in need of more housing. In an effort to find a solution to expand and continue to serve, our board voted to rent a 3-bedroom apartment on our block to house 5 graduates. This made room for more mothers and their children in Phase II. In turn, this opened up additional beds in our Phase I program for women just beginning on their journey. We have had 3 babies born in the last 8 months in addition to the children exiting foster care to come live with their mom's here at Rea of Hope. We now have an unprecedented 44 women and children living in our 4 properties and one rental!

